

Mental Health Treatment

*Services Provided

*Framework of Practice

*Eligibility Criteria

*Accepted Forms of Payment

*Referral Process

*Locations & contact information

*Website & additional information

A New Way Counseling

809 N. Arthur, Pocatello, ID

233-4634

- Drug & alcohol services
- Recovery support
- Dual diagnosis groups
- 24-Hour crisis line
- Safe room for children & adults who are in crisis
- Case management
- CBRIS services
 - No Eligibility Criteria
 - Idaho Medicaid
 - Sliding fee scale
 - Call, visit, or email for an appointment or more information
 - Services provided in Pocatello
 - <http://anewwaycounseling.net/>
 - Phone 233-4634
 - Fax (208) 233-4635
 - Crisis Phone (208) 223-0059

A to Z Family Services

151 3rd Street, Suite 404, Pocatello, ID

478-9822

- Assessments – Drug and Alcohol, Mental Health
- Individual counseling
- Marriage counseling
- Family counseling
- Group counseling
- Anger management
- Parenting
- DUI evaluations
- DUI education classes
- Drug and alcohol treatment
- Drug and alcohol case management
- Life skills
- Domestic violence treatment
- Community based rehabilitation
 - EMDR & IBSR Trauma Treatment
 - Provision of therapeutic interventions for adults and adolescents in the exploration of self understanding, skill building, with directions towards sobriety goals.
 - Therapeutic treatment with use of MRT-Domestic Violence model.
 - Individualized community interventions, designed to improve functioning in home & community.
 - No Eligibility Criteria
 - Private insurance
 - BPA
 - Medicaid
 - Private pay

- Call, visit, or email for an appointment or more information
 - American Falls – (208) 226-1751
 - Blackfoot – (208) 785-1326
 - Idaho Falls – (208) 881-5059
 - Malad – (208) 766-2389
 - Pocatello – (208) 478-9822
 - Soda Springs – (208) 252-7816
 - Preston – (208) 227-8099
 - <http://atozfamilyservices.org/>

Access Point Family Services

5565 Yellowstone Avenue, Pocatello

478-9344

- CBRS
- Building resiliency in children (for children diagnosed w/severe emotional disturbance)
- Psychotherapy sessions tailored to children
- Habilitative support therapy
- Habilitative intervention therapy
- Respite care
- Family training services
 - Specializes in Applied Behavior Analysis
 - Services are tailored to children
 - Family training services incorporates adults
 - Phone (208) 478-9344
 - Fax (208) 478-9368
 - Email apfsinfo@accesspointkids.com
 - <http://accesspointkids.com/>

Adolescent & Child Development Center

151 N. 3rd, Ste 110, Pocatello

232-5622

- Day services for individual adults
- Counseling at any age
 - The counselor, Nancy, can tell you the frameworks
 - No eligibility Criteria
 - Medicaid only
 - Call, visit or email for an appointment or more information
 - Services provided in Pocatello (208) 232-5622
 - www.adultandchilddevelopmentcenter.com

Allies Family Solutions

850 N. Lander, Pocatello

234-2094

- DDA Services
- CBRS
- Individual Counseling
- Family Counseling
- Psychological Assessment
 - No eligibility criteria
 - Medicaid
 - Blue Cross
 - Private Pay
 - Call or visit for an appointment or more information
 - Office is in Pocatello, but services can be provided in Fort Hall & Blackfoot
 - (208) 234-2094

Behavioral Treatment Center

210 E. Center, Suite B, Pocatello

234-2600

- Case Management/Service Coordination
- Anger Management Group
- FREE! Parenting Group
- Community Based Rehabilitation Services (CBRS, once referred to as PSR)
- Marital Counseling
- Family Counseling
- Christian Counseling
- Psychiatric Services
 - No eligibility criteria
 - Cash, Check
 - Visa, Mastercard, American Express
 - Medicaid, Medicare
 - Most insurances
 - Sliding scale fee for those who qualify
 - Call or visit for an appointment or more information
 - Pocatello – (208) 234-2600
 - <http://www.behavioraltreatmentcenter.com/>

Candlewood Family Counseling

335 N. Main Street, Pocatello

478-8340

- Adult Partial Care
- Children and Adult Psychosocial Rehabilitation
- Individual Therapy
- Family & Couples Therapy
- Targeted Service Coordination
- Case Management Services
 - Play Therapy
 - Medicaid & Medicare persons must have a Mental Health Diagnosis
 - Private Insurance doesn't need a Mental Health Diagnosis
 - All ages welcome
 - Medicaid
 - Medicare
 - Private Insurance
 - Referral Process isn't mandatory
 - Medicare or Medicaid persons need an intake appointment to determine services or diagnosis
 - Services can be provided as far as Lava Hot Springs
 - Case by case basis
 - Office located in Pocatello (208) 478-8340

Center Counseling

4460 Kings Way, Suite 2, Chubbuck

237-1711

- Psychiatric Services
- Psychosocial Rehabilitation
- Case Management
- Developmental Disabilities
- Adult Day Care

- Developmental Disabilities
- Residential Therapy
- Residential Habilitation
- Abuse
- Addiction
- Anger
- Anxiety
- Depression
- Behavioral Disorders
- Domestic Violence
- Grief & Loss
- OCD
- Sexual Issues
- Trauma
 - Cognitive Behavior Therapy
 - Play Therapy
 - Hypnosis
 - Adlerian
 - Experimental
 - Eye Movement Desensitization & Reprocessing
 - No eligibility criteria
 - Medicaid
 - Private Insurance
 - Private Pay (\$85/Session)
 - Referral isn't needed, but it can be faxed by the agency to receive services
 - Call or visit for an appointment of more information
 - Services are provided in Pocatello (208) 237-1711
 - CBRS (208) 237-3880

Children's Supportive Services 224 E. Evan's Lane, Suite A, Chubbuck 237-4782

- CBRS
- Psychotherapy
- Counseling for children, adolescents, adults, & families
- Medication Management
- Service Coordination
 - Traditional Talk Therapy
 - Sand Tray Therapy
 - Art Therapy
 - Play Therapy
 - Music Therapy
 - Bibliotherapy (Books)
 - Cinema Therapy
 - Medicaid only
 - Call or visit for an appointment or more information
 - Chubbuck (208) 237-4782
 - Idaho Falls (208) 524-8996
 - Blackfoot (208) 785-8550

Community Mental Health Services

720 E. Lander, Pocatello

478-2172

- Medication Management
- Mental Health Services
- CBRS
- Counseling
- Case Management
- Medical Clinic
- Treatment plans
 - Play Therapy
 - DBT
 - Medicaid
 - Private Insurance
 - No sliding fee scale
 - Call or visit for an appointment or more information
 - Services provided in Pocatello & Idaho Falls

Gateway Counseling

224 S. Arthur, Suite 2, Pocatello

242-3771

- Individual Counseling
- Drug & Alcohol Counseling
- Community Based Rehabilitation
- Case Management
- Specialized work with mood disorders
 - DBT
 - Play Theray
 - MRT Groups for Substance Abuse
 - DBT Groups for Substance Abuse
 - No eligibility criteria
 - Medicaid
 - Private Pay
 - Blue Cross
 - Medicare
 - Pacificsource
 - Aetna
 - Call or visit for an appointment or more information
 - Services provided in Pocatello
 - Email: Jaime.gateway@gmail.com

Healthy Place Counseling

1023 Yellowstone, Suite J, Pocatello

233-1276

- CBRS
- Medication Management & Supervision
- Individual Therapy
- Group Therapy
- Couples Counseling
- Family Counseling
- Peer Support Services
- See website for more in-depth list of services
 - CBT
 - Play Therapy
 - No eligibility criteria

- Medicaid
- Most private insurance
- Will work with low income individuals
 - Call or visit for an appointment or more information
 - Pocatello
 - Idaho Falls
 - St. Anthony
 - www.healthyplacecounseling.org

Hope Tree Family Services

109 N. Arthur St., #203

234-4673

- CBRS
- Individual Counseling
- Part Project: At Risk Teen Group
- Family Counseling
- Couples Counseling
 - CBT
 - Play Therapy
 - No eligibility criteria
 - Medicaid
 - Private Insurance
 - Private Pay
 - Call or visit for an appointment or more information
 - Services provided in Pocatello

Life Change Associates

1777 E. Clark St., Ste 330

233-5433

- Diagnosis & treatment of adults 18 years or older include:
- Mood disorders (Bipolar, Major Depression, & Dysthmia)
- Anxiety disorders (GAD, Social Phobia, PTSD, Panic Disorder, OCD)
- Psychosis (Schizophrenia, Schizoaffective Disorder)
- Co-occurring mental health & substance abuse disorders (Alcohol, Cannabis, Amphetamines)
- ADHD
- Dementia (Alzheimer's Vascular)
- Personality Disorders (Avoidant, dependent, Borderline)
- Somatoform Disorders (TMS & Mind-body related chronic pain)
- For those 5 to 17 years of age diagnosis & treatment is limited to:
- Mood Disorders
- Anxiety Disorders
- ADHD & Impulse Control Disorders
- ODD
- Psychotic Disorders
- CBRS
- Also provide Telepsychiatry or Psychiatric services via a secure internet connection
 - Call or visit for an appointment or more information
 - Pocatello
 - Idaho Falls – 730 S. Woodruff Ave.
 - www.lifechangeassociates.net

Mental Health Specialists

210 W. Burnside, Ste. A, Chubbuck

238-9000

- Therapy for depression & anxiety
- Couples Counseling
- Family Counseling
- Parenting Support
- Grief Counseling
- Work & Career Issues
- Stress Management
- Addiction & Recovery
- Conflict Resolution
- Psychosocial Rehabilitation Services
- Group therapy
- Medication Management for children & adults
- CBRS
 - No eligibility criteria
 - Medicare
 - Medicaid
 - Private insurance
 - Call or visit for an appointment or more information
 - Services provided in Pocatello
 - <http://www.mentalhealthspecialists.net/>

Mental Wellness Center

1070 Hilina Rd., Ste 210, Pocatello

478-9081

- Individual Therapy
- Couples Therapy
- Family Therapy
- TMS Therapy
- Addiction Recovery
- Service Coordination
- CBRS
- Psychiatric & Medication Management
- Domestic Violence Treatment
- Comprehensive Assessments
 - Comprehensive Co-occurring Treatment
 - MRT
 - DBT
 - Diagnostic & Functional Assessments
 - No eligibility criteria
 - Medicare
 - Medicaid
 - Private insurance
 - Call or visit for an appointment or more information
 - Idaho Falls – (208) 542-1026
 - Pocatello – (208) 478-9081
 - <http://mwcid.com/>

- Individual Counseling
- Family Counseling
- Couples Counseling
- CBRS
- Medication Management
- Case Management
- Substance Abuse Treatment
- Anger Management
 - Cognitive Behavioral Therapy
 - Emotion Focused Therapy
 - Adlerian Family Therapy
 - Adlerian Psychotherapy
 - Dialectical Behavioral Therapy
 - Solution Focused Therapy
 - Trauma Focused CBT
 - Play Therapy
 - Structural Family Therapy
 - No eligibility criteria
 - Aetna
 - Ameriben
 - Altius
 - Blue Cross of Idaho
 - BrightPath
 - Business Psychology Associates (BPA)
 - Camp VA
 - Cigna
 - ComPsych
 - First Choice Health
 - Health-Net
 - Idaho Physician's Network
 - Magellan
 - Medicaid
 - Medicare
 - Multi-plan
 - Optum Idaho
 - Pacific Source
 - Regience Blue Shield
 - Select Health
 - Tricare
 - United Behavioral Health
 - Value Options
 - Workers Compensation
 - Self pay: Sliding Fee Scale for Self Pay
 - Contracting agent for Health & Welfare
 - Contracting agent for L.D.S. Family Services
 - Limited Pro-Bono appointments available
 - Call or visit for an appointment or more information

- **Pocatello Office**
- 353 North 4th Avenue, Suite 110
- Phone: (208) 233-7832
- Fax: (208) 233-7835
- **Blackfoot Office**
- 1495 Parkway Drive, Suite C
- Phone: (208) 785-7832
- Fax: (208) 785-7833
- **Soda Springs Office**
- 15 West Center, Suite 2
- Phone: (208) 547-4470
- Fax: (208) 547-4640
- <http://www.pvfcinc.com/>

Psychological Assessment Specialists 1246 Yellowstone Ave, Ste 110 233-7832

Sanctuary: Neuropsychology Treatment Consultants 4737 Afton Pl., Ste A 417-0623

Chubbuck