

## **PROGRAM HOURS**

The Drug Court sessions will be every Wednesday evening beginning at 5:00 p.m. unless otherwise scheduled. The hours of operation for Drug Court support staff are generally Monday through Friday from 8:00 a.m. to 5:00 p.m. with evening and weekend group sessions. However, the offices are generally closed for the following holidays:

- ◆ **New Year's Day**
- ◆ **Martin Luther King, Jr. Day**
- ◆ **President's Day**
- ◆ **Memorial Day**
- ◆ **Independence Day**
- ◆ **Labor Day**
- ◆ **Columbus Day**
- ◆ **Veteran's Day**
- ◆ **Thanksgiving Day**
- ◆ **Christmas Day**

# *Live Free...Drug Free*

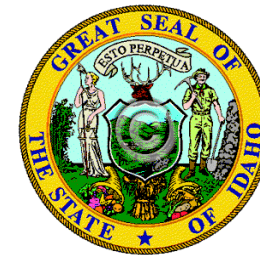
# **Tools for Hope**

## **BANNOCK COUNTY DUI DRUG COURT**

DISTRICT COURT

SIXTH JUDICIAL DISTRICT

STATE OF IDAHO



*Participant Handbook  
Overview of the DUI  
Drug Court Program*



## **PARTICIPANT HANDBOOK**

Welcome to the DUI Drug Court program. As a person whose major problems stem from alcohol and/or substance abuse, this program is especially designed for you. As you enter this voluntary, intensely supervised treatment program, you need to be motivated to work toward changing your lifestyle and becoming free of alcohol and chemical addiction. This program is accessible regardless of your race, religion, sex, ethnic origin, sexual preference, marital status, or age.

### **PROGRAM DESCRIPTION**

The DUI Drug Court is a court-managed, drug and alcohol intervention treatment program designed to provide a cost-effective alternative to traditional criminal case processing. It may be offered if you are charged with a DUI either drug or alcohol. If you are eligible and choose to participate in this program, you must be willing to commit to the entire program. The program may be successfully completed within 12 months. At any time during your participation, you could be terminated from the program and sentenced by a Court Judge for noncompliance with rules and treatment plans.

## **YOUR GOALS**

Although the DUI Drug Court team will work with you to establish individual goals, the following are goals for every participant:

1. To learn to be alcohol and drug free;
2. To learn better life coping skills;
3. To adjust to a drug/alcohol-free lifestyle;
4. To develop a non-criminal pattern of living;
5. To enhance employment skills through vocational training and educational pursuits;
6. To attend 12-step support groups or other similar programs approved by the court;
7. To increase social skills;
8. To enhance self esteem and self motivation;
9. To learn the warning signs of relapses and develop a relapse prevention plan;
10. To accept responsibility for financial obligations and learn budgeting skills; and
11. To develop time management skills.

### **COSTS RELATED TO THE PROGRAM**

You may be required to pay all or partial costs for participation in DUI Drug Court as set by the Judge after consideration of your financial circumstances.

## **COURT RELATED FINANCIAL OBLIGATIONS**

Any DUI Drug Court participant with court-related financial obligations, i.e., child support, restitution, fines, victim's compensation fund, fees, court costs, etc., will make court approved payments on a regular schedule and provide staff with documentation of the payments. Unless a specific amount is ordered by the Court, amounts and payment schedules are to be established by team members and documented for the Judge's approval. If you cannot make the payment, discuss your situation with team, and when possible, they will help you make other arrangements. Failure to make timely payments may slow down your progress into the next phase or your completion of the program.

## **PARTICIPANT RULES**

Any violations of the following rules will be reviewed by the DUI Drug Court Judge who may impose sanctions.

1. Appropriate clothing is expected at all times. You must wear a shirt or blouse, pants or skirt, and shoes. Sunglasses will not be worn inside the Court, treatment or case manager offices. No alcohol or drug-related logos may be worn on clothing. No gang colors or gang clothing will be worn into the Court room or other team member offices.

2. Appropriate grooming is expected at all times. Hair must be kept neat, clean and of a modest style. Extreme styles and colors are not permitted.

3. You must attend all scheduled counseling sessions, educational sessions, and Court sessions unless you consent to be absent. You must arrive on time and not leave until the meeting is over. If you are late, you may not be allowed to attend the session and may be considered absent. Arrangements must be made to make up missed groups before your next court appearance.

4. The following actions will not be tolerated:

- ◆ Violence or threats of any kind
- ◆ Use and/or possession of drugs and/or alcohol
- ◆ Belligerent behavior
- ◆ Possession of any type of weapon
- ◆ Inappropriate sexual behavior or harassment
- ◆ Romantic relationships among participants
- ◆ Failure to notify staff of new charges/ citations.
- ◆ Dishonesty.

5. You may not carry beepers or cellular phones to Court or group sessions.

The program will comply with Idaho Code §16-1619 regarding the reporting of cases of abuse or neglect of minors. The program will also comply with Idaho Code §39-5303 regarding the reporting of cases of abuse and neglect of adults. Federal law and regulations do not protect any information about suspected child abuse or neglect from being reported

under state law to appropriate state or local authorities.

7. You are expected to maintain appropriate behavior at all times during DUI Drug Court sessions and while in the courthouse. Please talk to the Judge and team members with courtesy and respect. All participants will be present for the entire Court session, unless prior permission is given. There will be no talking while seated in the audience. You will be permitted to show support and encouragement to fellow participants by applause, but only during appropriate times. Your behavior and demeanor while in the courthouse is a reflection of the entire program. Maintaining appropriate behavior is indicative of the progress you and your fellow participants are making toward your recovery.

8. All participants may be subject to curfew times.

## **PROGRAM PLANS**

Based on your needs an individualized program plan is developed. The plan will outline goals you must achieve prior to advancing to the next phase. There are three phases of the program.

### **Phase I: Stabilizing Period**

Minimum requirements:

1. Attend one Drug Court session per week;
2. Meet with case manager once per week;

3. Be subject to home visits by case manager;
4. Provide all assigned drug screens each week which reflect no use of drugs or alcohol;
5. Attend and document required number of 12-step support meetings;
6. Attend all assigned group, family, and/or individual counseling sessions;
7. Make necessary arrangements for payment of Court ordered obligations;
8. Maintain Court-approved stable housing;
9. Maintain Court-approved employment, training, and/or education referrals;
10. Turn in journal assignments;
11. Comply with any necessary medical referrals;
12. Obtain an approved NA/AA sponsor.

### **Phase II: Educational Period**

Minimum requirements:

1. Attend one Drug Court session every other week;
2. Meet with case manager twice monthly or as directed;
3. Be subject to home visits by Case Manager;
4. Provide all assigned drug screens each week which reflect no use of drugs or alcohol;
5. Attend and document required number of 12-step support meetings;
6. Attend all assigned group, family, and/or individual counseling sessions;

7. Continue to make payments of Court ordered obligations as directed;
8. Maintain Court-approved stable housing;
9. Maintain Court-approved employment, training, and/or education referrals;
10. Turn in journal assignments;
11. Complete assigned readings;
12. Maintain daily physical activity;
13. Do at least one good deed per court appearance;
14. Maintain an approved NA/AA Sponsor.

### **Phase III: Self-motivational Period**

Minimum requirements:

1. Attend one Drug Court session every two months;
2. Meet with case manager or phone in as directed;
3. Be subject to home visits by case manager;
4. Provide all assigned drug screens each week which reflect no use of drugs or alcohol;
5. Attend and document required number of 12-step support meetings;
6. Attend all assigned group, family, and/or individual counseling sessions;
7. Continue to make payments of Court ordered obligations as directed;
8. Maintain Court-approved stable housing;
9. Maintain court-approved employment, training, and/or education referrals;

10. Turn in journal assignments;
11. Complete assigned readings;
12. Maintain daily physical activity/recreational therapy;
13. Do at least one good deed per court appearance;
14. Maintain a full-time approved sponsor;
15. Regularly mentor a new Drug Court participant and/or group session;
16. Complete an exit calendar, exit interview, and plan for aftercare.

Completion of each phase is based on your performance. The DUI Drug Court Judge will promote or demote you according to your individual progress with recommendations from the Drug Court team. Your charge will be dismissed after successful completion of DUI Drug Court.

### **Alumni/Mentor**

1. May volunteer to attend alumni groups.
2. May volunteer to be a mentor for new participants.
2. May volunteer to attend self help support meetings.

### **SUPERVISION**

Supervision of participants consists of face to face meetings at least on a weekly basis, as well as the participant's residence. Unannounced site visits to the participant's employment and residence will be conducted by the case manager. Law enforcement officers will assist.

## **ALCOHOL AND DRUG TREATMENT COMPONENT**

Part of your DUI Drug Court participation will consist of required substance abuse treatment. The treatment you receive will be based on your assessment and input from other members of the DUI Drug Court Treatment Team.

The type of treatment you receive will be based on your needs. It may consist of outpatient treatment. If you receive outpatient treatment you will be required to attend:

- ◆ Group Counseling
- ◆ Individual Counseling
- ◆ Family Counseling

Group and individual counseling will consist of working on tasks to achieve goals in your individual treatment plan. The treatment plan is developed from your assessment. You will have a copy of your treatment plan and so will the treatment team. The purpose is so you can monitor your progress in treatment. The treatment team will also monitor your progress. The need and type of family counseling will be based on your assessment. Family counseling will be a variety of different services that are needed to help the family cope with problems that result when one or more family members have a substance abuse problem. Family counseling may consist of:

- ◆ Parenting
- ◆ Children's Groups
- ◆ Trust Building
- ◆ Family Counseling

You need to be aware that compliance and progress in Alcohol and Drug Treatment are expected from you. Your compliance and progress in Alcohol and Drug Treatment will be staffed on a weekly basis with other members of the Drug Court Treatment Team. The following are considered failure to comply with treatment and there may be sanctions for any of these behaviors:

- ◆ Lack of participation
- ◆ Tardiness
- ◆ Absences
- ◆ Failure to comply with treatment plan
- ◆ Violence and threats of violence
- ◆ Not complying with other counseling

### **12-STEP SUPPORT GROUPS**

Involvement in 12-step support groups is vital to your recovery. Attendance at these groups is mandatory and will be documented. The fellowships will help you see how others with similar problems are recovering from their addictions. You will observe that changing to a drug-free lifestyle is a positive and exciting experience. Very few alcoholics and addicts maintain recovery without a support system.

## **INCENTIVES**

Incentives reward the participants for positive steps taken in attaining a drug and crime free lifestyle. Incentives include but are not limited to promotion to the next phase, certificates, tokens, and other rewards. As the participants successfully progress in the DUI Drug Court program, each participant will have more personal responsibility and achievements. All participants who successfully graduate from the DUI Drug Court program will have their charge dismissed.

## **SANCTIONS**

Each DUI Drug Court participant must abide by the conditions of the DUI Drug Court. Sanctions may be imposed for various infractions of the rules. Responses to or sanctions for noncompliance may include, but are not limited to:

- ◆ Warnings and admonishment from the bench in open court;
- ◆ Imposition of curfew;
- ◆ Participation in S.C.I.L.D.;
- ◆ Demotion to earlier program phases;
- ◆ Increased frequency of testing and court appearances;
- ◆ Confinement in the courtroom or jury box;
- ◆ Increased monitoring and/or treatment intensity;
- ◆ Required community service or work programs;
- ◆ Periods of jail confinement;

- ◆ Discretionary jail time imposed by Case manager;
- ◆ Termination from the program and reinstatement of regular court processing;

## **INCARCERATION**

You may be required to serve time in custody while participating in DUI Drug Court. Case managers have 90 days of discretionary jail time. Jail time may be used as a sanction for various infractions of the rules, including but not limited to positive drug screens, missed drug screens, continuous missed groups or meetings, and inappropriate behavior. Release will be determined at the discretion of the DUI Drug Court Judge.

You will be expected to follow all rules and regulations of the Bannock County Jail. Failure to do so may result in disciplinary action from the jail staff as well as the DUI Drug Court Judge.

After you enter a plea of guilty, any time spent incarcerated as a result of sanctions through the DUI Drug Court will not be credited against your sentence.

## **HOUSING**

You will be required to maintain Court-approved stable housing in Bannock County. The Judge may require you to move from your current residence into a suitable housing situation.

Participants will be permitted to move within Bannock County while in the program; however, team must approve of the change prior to moving.

### **EMPLOYMENT**

The Judge may require you to obtain and maintain full-time employment throughout your involvement in the program.

Participants will be permitted to change jobs while in the program; however, team must be notified prior to the change.

If you lose your job while in the program, you will be given a time frame in order to locate appropriate employment. While searching for employment, you may be required to participate in community service, work program and/or S.C.I.L.D.

Employment will be verified routinely by the team either through phone contact with the employer or copies of paycheck stubs. On-site visits will also be conducted. In the event of incarceration, all work release schedules must be confirmed by your direct supervisor. It is your obligation to inform your employer of your participation in the DUI Drug Court and make necessary arrangements for Court appearances, treatment, groups, meetings, etc.

### **VOCATIONAL/JOB TRAINING COMPONENT**

Participants with less than a high school degree or GED and those who are employed or underemployed will be expected to work on developing their skills. Areas in which the team may be able to provide you with assistance include:

- ◆ Assessment of current skills
- ◆ Aptitude and interest testing
- ◆ Development of a personal action plan
- ◆ Life skills seminars
- ◆ Adult education referrals
- ◆ Job and interview counseling
- ◆ Job search skills

### **VOCATIONAL REHABILITATION**

A representative from the Office of Vocational Rehabilitation is available to assist program participants. Factors such as educational or occupational ability and motivation will be considered. Services include:

- ◆ Career counseling
- ◆ Training placement
- ◆ Job placement
- ◆ Various educational opportunities

All rehabilitation services are based on participation and good standing in the program.

## **RANDOM DRUG TESTS**

Random drug/alcohol tests will play a significant role in your recovery. It is your responsibility to make sure that you understand and comply with the stated guidelines. If you do not feel that you fully understand, it is your responsibility to ask for clarification.

For your own protection, if you are using any prescription or over-the-counter medications, you must bring them to your case manager for viewing, approval and verification by the prescribing doctor. Failure to comply with proper procedure or a positive test may result in sanctions by the DUI Drug Court Judge.

## **DISCHARGE**

The DUI Drug Court Judge may terminate you from the program. Circumstances for termination include, but are not limited to:

- ◆ Your exhibition of violent behavior or threats of violent behavior toward self or others, or displayed inappropriate, disruptive, or noncompliant behavior;
- ◆ You have refused to satisfactorily participate in program requirements;
- ◆ You have violated program rules;
- ◆ You are arrested, with or without conviction (case-by-case basis); or
- ◆ You desert or skip from the program
- ◆ Dishonesty

## **GRADUATION**

In order to graduate from the DUI Drug Court Program the following criteria must be met:

Graduation comes after successful completion of the program. Prior to graduation, you must complete an exit calendar and interview. Graduates will be honored and receive a certificate at a special graduation ceremony.

- ◆ You have or are currently working towards a diploma, GED or attending ESL classes;
- ◆ You have all Court ordered fees, restitution, and child support paid in full or current based on negotiated arrangements;
- ◆ You are seeking or have steady employment, education program, or other program approved by the Court;
- ◆ You have no violations of the law for the last six months of the program;
- ◆ You have completed all three phases; and
- ◆ You have six (6) months of sobriety.

## **AFTERCARE**

Participants will be requested for availability six months after graduation to serve as a mentor for new participants, group sessions and/or perform public speaking as requested by team.

Aftercare also involves continued attendance at AA or NA meetings, regular graduate support groups that continue to work on relapse prevention and alumni social meetings.

Graduates of the program are encouraged to call the Drug Court if they are struggling in their sobriety or if they are experiencing other crisis situations.

## **ESSENTIAL PHONE NUMBERS**

Bannock County Prosecutor	236-7280
Bannock County Public Defender	236-7040
Case Manager	236-7004
Dept. of H & W Mental Health	234-7900
DUI Drug Court	236-7244
Drug Court Coordinator	236-7080
Rapid Toxicology	478-6152
Road to Recovery	233-9135